

Patient Pre-scan Preparation Instructions



All Patients

- Do not eat or drink (except water) for at least 6 hours prior to your PET scan appointment.
- Drink 3-4 glasses of water prior to arriving for your appointment.
- If there is any chance that you may be pregnant or breast feeding, please contact us for further instructions.
- Avoid strenuous exercise for 24 hours prior to your appointment.
- Do not chew gum the morning of your appointment.
- Take your medications as normal if you can take them without food. If you are **diabetic**, see below for special instructions.
- If your PET scan will involve light sedation, you will not be permitted to drive that day and will need to make arrangements for a ride home.
- You must be able to lie flat for 45 minutes during the scan.
- If there is any chance that you will not be able to make your appointment, please let us know as soon as possible.

You have questions.
We have answers.

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